



Mission: RISE Cowley promotes healthy lifestyles by collaborating to raise awareness and encourage involvement for residents of Cowley County, Kansas.

RISE Cowley-Coalition Minutes

Minutes

Tuesday, February 12, 2019 – Cowley County Courthouse, Extension Assembly Room; 10:00 a.m.

Attendees

Lori Greenlee (Zoom), Taylor Schwartz, Charissa Finch, Nathan Reed, Sarah Werner, Anita Judd-Jenkins, Nancy Maier, Patty O'Neil, Sarah Bryant, Ruth Bumgarner, Kerri Falletti, Joan Cales, Doc Arnett and Andrew Lawson

Introductions & Healthy Happenings Log

1. Minutes of 1/8/2019
 - a. Finch moved to approve the January 8, 2019 minutes as presented, seconded by Werner
Approved unanimously.
2. Financial report – **Langer**
 - a. No report
3. Subcommittee Highlight Presentation – video from Restaurant/Food Retail Committee:
 - a. <https://youtu.be/zUt5qYPUSHy>
4. Pathways Tasks
 - a. Action Plan Technical Assistance Update(s)/Deadlines – **Finch**
 - i. No updates as the TA call was rescheduled. Currently Finch is going through the data to find areas where RISE Cowley has improved.
 - ii. The Action Plan was submitted and is being reviewed by Blue Cross Blue Shield.
 - b. Pathways Subcommittees Reports. *Meeting date(s)/Action plan details/Updates*
 1. Community Policy – **Lawson**
 - a. Werner and others are working with Winfield on creating a Master Plan for hiking and biking trails.
 - b. Lawson is working on tactical urbanism, a grass roots project to work on unsafe areas (identified by community). A budget was presented (numbers were the highest cost per item). Lawson believes that many items could be donated. The committee would focus on signage and consumables. Lawson believes that this investment would have impact well beyond the grant. Several projects in Arkansas City that could piggy back on the tactical urbanism. In Arkansas City there is a group that are invested in the project and would be able to “police” the site instead of RISE members. Finch asked what will we need to obtain a permit with the city? Lawson is working on what we will need as well as communicating with Udall, Winfield, Burden and Dexter to implement similar plans in those areas. Finch also had concerns about if the money from Community Policy would be able to be utilized for this project. **Finch and Lawson will discuss with BCBSKS on a conference call.**
 2. Resident/Community Well Being – **Cales/Werner**

- a. On February second the committee had a big check presentation for the Trail-in-a-Box grant that was awarded to The Cowley County Flyers. The picture has been circulating on Facebook.
 - b. Next focus is in the works. Possibly moving towards a project regarding tobacco cessation.
3. Food Retail/Restaurants – **Falletti/Reid**
- a. Video presentation at the beginning of the meeting.
 - b. Committee is working with those who have signed the pledge on getting their grant applications submitted for an implementation grants.
4. Health Care – **Bryant**
- a. Beat the Pack training had around 20 participants and will start a quit smoking support group in Arkansas City. The first session will be on February 21st at SCKMC in the conference room. RISE Cowley’s initiative is called “Be A Quitter.”
 - b. Next meeting will be on February 20th at 1:00 pm in the Winfield Graves Conference Room.
 - c. The Health Care Committee has presented the health care providers in Cowley County with a tobacco cessation policy. Will need to discuss with BCBSKS what number of policy’s have to be signed in order to progress with the grant application.
5. Schools – **Greenlee/L.Schwartz**
- a. Next meeting will be February 14th at the Winfield Central Office at 10:00 am. The meeting will piggy back off of a county nurses meeting. There will be representation from every school.
 - b. Winfield schools are still waiting for approval on standing desk grant.
6. Worksites – **Finch**
- a. Next step in the training will be the Healthy Topic. The trainer will not do the next step until we have seven pledges (pledges that have completed foundations training and development tool). Currently have six pledges.
7. Communications – **Lawson**
- a. Need a committee member from each subcommittee to act as liaison with the communications committee.
 - b. Bryant has stepped down as co-chair in order to focus on Health Care Subcommittee.

5. Other Opportunities:

- a. Report - Breast Feeding Advocates of Cowley County – **T.Schwartz**
 - i. Next meeting is February 14th at 11:45 am.
 - ii. If you have any interest in joining this initiative please contact Taylor Schwartz at tschwartz@cowleyhealthcenter.org or Becky Reid at bkreid@ksu.edu.
- b. Community Conversations – Upcoming events in Udall, Burden and Dexter & Coalition Meetings:
 - i. Meeting: Strother Field – March 5th, 2019 at 10:00 am, Four County Mental Health Conference Room, 22214 D Street
 - ii. Conversation: Udall – March 6th, 2019 at 6:00 pm, TBD
 - iii. Meeting: Arkansas City – April 9th, 2019 at 10:00 am, City of Arkansas City Water Treatment Plant, 513 West Washington Ave
 - iv. Conversation: Burden – April 13th, 2019 at 10:00 am, City Hall, Main Street
 - v. Conversation: Dexter – April 17th, 2019 at Noon, Senior Center, Main Street

6. Adjournment.